

Nutrition Facts

1 serving per container
Serving size 1 cookie (60g)

Amount per serving
Calories 206

	% Daily Value*
Total Fat 10g	13%
Saturated Fat 2g	10%
Trans Fat 0g	
Omega-3 (EPA + DHA) 2g	
Cholesterol 21mg	7%
Sodium 107mg	5%
Total Carbohydrate 27g	10%
Dietary Fiber 5g	18%
Total Sugars 10g	
Includes 2g Added Sugars	4%

Protein 3g

Vit. D. 20mcg 100%	• Calcium 21mg 2%
Iron 1mg 6%	• Potas. 123mg 3%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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Made with love by
Omega3 Innovations
Venice, FL 34292 USA
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OMEGA
COOKIE®



BREAKFAST +

- As much omega-3 as a salmon dinner!
- No preservatives
- Gluten-free

Ingredients: Oats*, orange juice, oat flour*, purified full-spectrum fish liver oil (Omega Cure®), egg whites, crystallized ginger (ginger, sugar), raisins, white rice flour*, applesauce (apples, water, apple juice, ascorbic acid), honey, extra virgin olive oil, water, banana puree, vanilla extract, apple cider vinegar, ground ginger, beta glucan oat fiber*, baking powder, xanthan, cinnamon, baking soda, cloves, vitamin D3.

*=Gluten-free

Eat within 10 days if kept
at room temperature.
Otherwise, store frozen.
☎ Call 941.485.4400